



ALL NATURAL GRILLED CHICKEN BREAST

All natural boneless chicken breast grilled over a real open flame.

- Serve for lunch or dinner
- Serve with soup, salad, or side dished
- Display in large flat platter in service deli case
- Prepackaged in the Grab 'N Go section

HEATING INSTRUCTIONS

MICROWAVE OVEN: 1- 1 1/2 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

OVEN: Preheat oven to 350 degrees and reheat for 15 to 20 mins

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

Ingredients: Boneless Chicken Breast, Water, Contains 2% or less of the following: Pea Fiber, Salt Potato Starch, Vinegar.



Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container varies

Amount Per Serving

Calories 110 Calories from Fat 20

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 65mg **22%**

Sodium 510mg **21%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 22g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4