



## CHICKEN CORDON BLEU

Tender breast of chicken filled with ham and swiss, breaded and lightly fried to a rich golden brown.

- Serve for lunch or dinner
- Excellent for Holidays and Party Platters
- Serve with assorted Gourmet Boutique side dishes
- Display on large flat platter or bowl in deli case
- Prepackaged in the Grab 'N Go section
- Tie-in Gourmet Boutique's vegetables and mashed potatoes

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:** 2-3 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

**OVEN:** Preheat oven to 350 degrees and reheat for 15 to 20 mins

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

### INGREDIENTS

**Chicken** (Boneless Chicken Breast, Water, Contains 2% or less of the following: Soy Protein Concentrate, Sodium Lactate, Salt, Modified Corn Starch, Carrageenan, Sodium Phosphate), **Swiss Cheese** (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Potato Starch, Corn Starch, Dextrose, Calcium Sulfate, Enzyme), **Cooked Ham and Water Product** (Ham Cured with Water, May contain Salt, Dextrose, Vinegar, Sugar, Potassium Lactate, Potassium Chloride, Sodium Phosphate, Sodium Diacetate, Flavoring [Dextrose, Natural and Artificial Flavors, Polysorbate 80], Sodium Erythorbate, Sodium Nitrite, Flavoring), **Bread Crumbs** (Bleached Wheat Flour, Dextrose, Yeast, Salt), **Batter** (Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum, Vital Wheat Gluten), **Water, Mustard** (Water, Vinegar, Mustard Seed, Bran, Salt, Turmeric), **Soybean Oil, Modified Corn Starch, Carrageenan.**

*Contains Milk, Soy, Wheat.*

Available fresh and frozen - NEW YORK AND ARIZONA

**Please see reverse side for more information.**

### Nutrition Facts

Serving Size 1 Piece (255g)  
Servings Per Container Varies

Amount Per Serving

**Calories 570**    **Calories from Fat 280**

% Daily Value\*

**Total Fat 31g**    **48%**

Saturated Fat 12g    **60%**

Trans Fat 0g

**Cholesterol 205mg**    **68%**

**Sodium 1060mg**    **44%**

**Total Carbohydrate 31g**    **10%**

Dietary Fiber 2g    **8%**

Sugars 2g

**Protein 63g**

Vitamin A 10%    •    Vitamin C 0%

Calcium 40%    •    Iron 30%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

# CHICKEN CORDON BLEU

FRESH - NEW YORK & ARIZONA

UPC #: **7-06129-00331-0**

PACK SIZE: **2/6PC**

BOX L/W/H: **12.75" x 10.125" x 6.375"**

CUBE: **0.48**

TI/HI: **14x10**

GR WEIGHT: **6.65 lb**

SHELF LIFE: **14 DAYS**

NET WT: **6 lb**



FROZEN - NEW YORK & ARIZONA

UPC #: **7-06129-03071-2**

PACK SIZE: **2/6PC**

BOX L/W/H: **12.75" x 10.125" x 6.375"**

CUBE: **0.48**

TI/HI: **14x10**

GR WEIGHT: **6.65 lb**

SHELF LIFE: **min. 90 days (14 from slack)**

NET WT: **6 lb**

