

# STUFFED PEPPERS

Green peppers stuffed with savory beef and rice filling braised in a hearty tomato gravy.

- Serve for lunch or dinner
- Serve with Gourmet Boutique's Mashed Potatoes or Glazed Carrots
- Compliment with fresh baked bread
- Display in large bowls in service deli case
- Prepack in the Grab 'N Go section
- Excellent selection for comfort foods section

## HEATING INSTRUCTIONS

**MICROWAVE OVEN:** 2-3 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

**OVEN:** Preheat oven to 350 degrees and reheat for 15 to 20 mins

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

## INGREDIENTS

**Stuffed Peppers** [Green Bell Pepper, Beef, Enriched Long Grain White Rice (Water, Rice, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken, Bread Crumbs (Bleached Wheat Flour, Dextrose, Yeast, Salt), Onion, Water, Salt, Sodium Lactate, Gravy Seasoning (Caramelized Sugar, Caramel Color, Water, Hydrolyzed Soy and Corn Protein, Apple Cider Vinegar, Salt, Onion, Celery, Parsley, Garlic), Soy Protein Concentrate, Onion Powder, Garlic Powder, Spice], **Sauce** [Water, Tomato Puree (Tomatoes, Salt), Tomato Paste, Onion, Soybean Oil, Sugar, Vegetable Base [Sauteed Vegetable Puree (Carrots, Onions, Celery), Salt, Maltodextrine, Corn Oil, Less than 2% of Autolyzed Yeast Extract, Water, Potato Starch, Xanthan Gum, Natural Flavors, Carrot Juice Concentrate], Bacon (Pork, Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite, may also contain Dextrose, Flavoring, Honey, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate), Salt, Non-Fat Dry Skim Milk, Whey Protein Concentrate, Modified Corn Starch, Paprika, Malic Acid, Disodium Guanylate, Disodium Inosinate].

Contains: Milk, Soy, Wheat.

FRESH - NEW YORK

UPC #: **7-06129-03242-6**

PACK SIZE: **1/8LB**

BOX L/W/H: **13.5" x 10.125" x 6.375"**

CUBE: **0.50**

TI/HI: **14x20**

GR WEIGHT: **8.48 lb**

SHELF LIFE: **14 DAYS**

NET WT: **8 lb**



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## Nutrition Facts

Serving Size Approx. 1 piece (195g)  
Servings Per Container varies

### Amount Per Serving

**Calories 190**      **Calories from Fat 80**

% Daily Value\*

**Total Fat 9g**      **14%**

Saturated Fat 3g      **15%**

Trans Fat 0g

**Cholesterol 30mg**      **10%**

**Sodium 880mg**      **37%**

**Total Carbohydrate 18g**      **6%**

Dietary Fiber 2g      **8%**

Sugars 6g

**Protein 10g**

Vitamin A 10%      • Vitamin C 100%

Calcium 4%      • Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4