

# SWEET POTATO SOUFFLÉ

Sweet Potatoes blended with Cinnamon Sugar and Spices, then baked to perfection.

- Excellent with your holiday meals
  - Makes a great appetizer

- Serve on a large oval platter in the service deli case
  - Prepackaged as a "side" or "Meals To Go"
  - Tie-in Gourmet Boutique's Grilled Chicken

### HEATING INSTRUCTIONS

MICROWAVE OVEN: 2-3 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

OVEN: : From Frozen – Preheat oven to 350°F. Remove plastic wrap and cover with foil lid. Place entrée on sheet pan and place into the oven for approximately 55 minutes or until the internal temperature reaches 165°F.

#### INGREDIENTS

## Sweet Potato, Whole Eggs, Brown Sugar, Canola Oil, Enriched Wheat Flour [Bleached Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Corn Starch, Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate], Salt, Cinnamon, Nutmeg.

Contains Eggs, Wheat.

FROZEN - NEW YORK - 2/4 LB

UPC #: 7-06129-07008-4 PACK SIZE: 2/4Ib BOX L/W/H: 12.75" x 11" x 4.25" CUBE: 0.34 TI/HI: 12x15 GR WEIGHT: 8.75 Ib SHELF LIFE: min. 90 days (7 from slack) NET WT: 8 Ib



# Nutrition Facts Serving Size 3oz (85g) Servings Per Container about 21 Amount Per Serving Calories 200 Calories from Fat 70

| Amount Per Se  | rving             |   |   |
|--|-------------------|---|---|
| Calories 20  | 0 Cal             | ories fron                                    | n Fat 70                                      |
|  |                   | % Da  | aily Value*                                   |
| Total Fat 8g   |                   |   | 12%   |
| Saturated Fat 1.5g   |                   |   | 8%  |
| Trans Fat  | 0g                |   |   |
| Cholesterol 30mg   |                   |   | 10%   |
| Sodium 210mg   |                   |   | <b>9</b> %                                    |
| Total Carbohydrate 31g 10%   |                   |   |   |
| Dietary Fiber 1g   |                   |   | 4%  |
| Sugars 15  | ōg                |   |   |
| Protein 4g   | •                 |   |   |
|  |                   |   |   |
| Vitamin A 14   | •0% •             | Vitamin (                                     | C 15%   |
| Calcium 10%  | 6•                | Iron 6%                                       |   |
| *Percent Daily V<br>diet. Your daily v<br>depending on yo                                | alues may b       | be higher or I                                |   |
| Total Fat<br>Saturated Fat<br>Cholesterol<br>Sodium<br>Total Carbohydra<br>Dietary Fiber |                   | 65g<br>20g<br>300mg<br>2,400mg<br>300g<br>25g | 80g<br>25g<br>300mg<br>2,400mg<br>375g<br>30g |
| Calories per gran<br>Fat 9 • (   | m:<br>Carbohydrat | e 4 • Prot                                    | ein 4   |