



## CHICKEN CORDON BLEU (NY)

Tender breast of chicken filled with ham and Swiss, breaded and lightly fried to a rich golden brown.

- Serve for lunch or dinner
- Excellent for Holidays and Party Platters
- Serve with assorted Gourmet Boutique side dishes
- Display on large flat platter or bowl in deli case
- Prepackaged in the Grab 'N Go section
- Tie-in Gourmet Boutique's vegetables and mashed potatoes

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:** 2-3 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

**OVEN:** Preheat oven to 350 degrees and reheat for 15 to 20 minutes

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

### INGREDIENTS

**Chicken** (Boneless Chicken Breast, Water, Contains 2% Or Less Of the Following: Vinegar, Salt, Natural Flavors), Bread Crumbs [Bleached Wheat Flour, Dextrose, Yeast, Salt], Water, Batter [Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum {Sodium Carboxymethylcellulose}, Wheat Gluten] Soybean Oil, Enriched Wheat Flour [Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]], **Swiss Cheese** (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Potato Starch, Corn Starch, Dextrose, Calcium Sulfate), **Water, Cooked Ham and Water Product** (Ham Cured with Water, Salt, Dextrose, Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), **Bread Crumbs** (Bleached Wheat Flour, Dextrose, Yeast, Salt), **Mustard** (Water, Vinegar, Mustard Seed, Bran, Salt, Turmeric), **Modified Corn Starch, Carrageenan.**

Contains Milk, Wheat.

FRESH - NEW YORK

UPC #: **7-06129-00331-0**

PACK SIZE: **2/6PC**

BOX L/W/H: **12.75" x 10.13" x 6.75"**

CUBE: **0.50**

TI/HI: **14x10**

GR WEIGHT: **6.7 lb**

SHELF LIFE: **14 DAYS**

NET WT: **6 lb**

FROZEN - NEW YORK

UPC #: **7-06129-03071-2**

PACK SIZE: **2/6PC**

BOX L/W/H: **12.75" x 10.13" x 6.75"**

CUBE: **0.50**

TI/HI: **14x10**

GR WEIGHT: **6.7 lb**

SHELF LIFE: **min. 90 days (14 from slack)**

NET WT: **6 lb**



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### Nutrition Facts

Serving Size 3 oz (85g)  
Servings Per Container Varies

Amount Per Serving		%Daily Value*	
Calories 210	Calories from Fat 100		
<b>Total Fat</b> 11g			<b>17%</b>
Saturated Fat 4g			<b>20%</b>
Trans Fat 0g			
<b>Cholesterol</b> 60mg			<b>20%</b>
<b>Sodium</b> 410mg			<b>17%</b>
<b>Total Carbohydrate</b> 13g			<b>4%</b>
Dietary Fiber 0g			<b>0%</b>
Sugars 1g			
<b>Protein</b> 21g			
Vitamin A 4%		Vitamin C 0%	
Calcium 15%		Iron 0%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4