



## MINI MEATLOAF WITH KETCHUP GLAZE

Traditional Meatloaf, garnished with a tomato glaze.

- Serve with Gourmet Boutique's Herb Roasted Potatoes, glazed baby carrots, mac & cheese, or mashed potatoes
- Display on large flat platter in the deli case
- Prepack in the Grab 'N Go section
- Create a comfort food section in deli case

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:** 2-3 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

**OVEN:** Preheat oven to 350 degrees and reheat for 15 to 20 minutes

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

### INGREDIENTS

**Ground Beef, Ketchup** (Tomato Concentrate, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring), **Water, Bread Crumbs** (Bleached Wheat Flour, Dextrose, Yeast, Salt), **Textured Soy Protein** (Soy Protein Concentrate, Caramel Color), **Tomato Paste** (Tomatoes, Citric Acid), **Bell Pepper, Onion, Worcestershire Sauce** (Distilled White Vinegar, Molasses, Sugar, Water, Salt, Onions, Anchovies, Garlic, Cloves, Tamarind Extract, Natural Flavorings, Chili Pepper Extract), **Carrots, Celery, Parsley, Sodium Lactate, Salt, Caramel Color, Garlic Powder, Spice, Onion Powder.**

*Contains Fish (Anchovies), Soy, Wheat.*

FROZEN - NEW YORK & ARIZONA

UPC #: 7-06129-00381-5

PACK SIZE: 2/5PC

BOX L/W/H: 12.75" x 10.13" x 6.75"

CUBE: 0.50

TI/HI: 14x10

GR WEIGHT: 10.7 lb

SHELF LIFE: min. 90 days (14 from slack)

NET WT: 10 lb



### Nutrition Facts

Serving Size 4.5 oz (128g)  
Servings Per Container Varies

Amount Per Serving		% Daily Value*	
<b>Calories 280</b>		Calories from Fat 130	
<b>Total Fat</b> 14g		<b>22%</b>	
Saturated Fat 5g		<b>26%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 50mg		<b>16%</b>	
<b>Sodium</b> 1050mg		<b>44%</b>	
<b>Total Carbohydrate</b> 24g		<b>8%</b>	
Dietary Fiber 2g		<b>7%</b>	
Sugars 12g			
<b>Protein</b> 15g			
Vitamin A 10%		Vitamin C 15%	
Calcium 4%		Iron 15%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4