

TWISTERS



# CHICKEN PARMESAN TWISTER (FRESH)

Lightly breaded and fried breast of chicken with marinara sauce, mozzarella cheese and Italian spices in a soft flour tortilla.

- Great for lunch or dinner
- Perfect w/Gourmet Boutique's pasta salads
- Display prepackaged in sandwich section of the Grab 'N Go case
- Display loose on platters in service deli case

## HEATING INSTRUCTIONS

**MICROWAVE OVEN:** 1-1.5 minutes or until hot

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

**OVEN:** Preheat oven to 350 degrees and reheat for 8 to 12 minutes

(or until internal temperature is 165F as indicated by a calibrated cooking thermometer)

## INGREDIENTS

**Tortilla** (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Canola Oil, Contains 2% Or Less Of: Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Calcium Sulfate, Corn Starch, Monocalcium Phosphate], Dough Conditioners [Mono & Diglycerides, Sodium Metabisulfate, Fumaric Acid], Salt, Soybean Oil, Hydrogenated Soybean Oil, Enzymes, Guar Gum, Cellulose Gum, Acacia Gum, Dextrose, Preservatives [Calcium Propionate, Potassium Sorbate]), **Breaded Chicken** (Chicken [Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors], Bread Crumbs [Bleached Wheat Flour, Yeast, Sugar, Salt], Water, Batter [Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum, Vital Wheat Gluten] Soybean Oil, Enriched Wheat Flour [Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), **Mozzarella Cheese** (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), **Tomato Sauce** (Diced Tomatoes in Tomato Juice, Water, Tomato Paste, Soybean Oil, Contains 2% or Less of: Spices, Sugar, Salt, Extra Virgin Olive Oil, Apple Cider Vinegar, Dehydrated Garlic, Corn Starch, Xanthan Gum, Citric Acid), **Tomato Puree** (Tomatoes, Salt, Citric Acid), **Salt**.

Contains Milk, Wheat.

FRESH - NEW YORK - 1/5 PC

UPC #: 7-06129-00383-9

PACK SIZE: 1/5PC

BOX L/W/H: 13.75" x 10.25" x 3.50"

CUBE: 0.29

TI/HI: 14x20

GR WEIGHT: 3.63 lb

SHELF LIFE: 10 DAYS

NET WT: 3.13 lb



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## Nutrition Facts

Serving Size 1/2 wrap (142g)  
Servings Per Container 2

| Amount Per Serving        |       | % Daily Value*           |     |
|---------------------------|-------|--------------------------|-----|
| <b>Calories</b>           | 320   | <b>Calories from Fat</b> | 110 |
| <b>Total Fat</b>          | 12g   |                          | 18% |
| Saturated Fat             | 4g    |                          | 20% |
| Trans Fat                 | 0g    |                          |     |
| <b>Cholesterol</b>        | 45mg  |                          | 15% |
| <b>Sodium</b>             | 840mg |                          | 35% |
| <b>Total Carbohydrate</b> | 33g   |                          | 11% |
| Dietary Fiber             | 1g    |                          | 4%  |
| Sugars                    | 2g    |                          |     |
| <b>Protein</b>            | 19g   |                          |     |
| Vitamin A                 | 4%    | Vitamin C                | 4%  |
| Calcium                   | 25%   | Iron                     | 10% |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  
Calories: 2,000 2,500

|                    |           |         |         |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4