

. NEW YORK .
menu



GOURMET BOUTIQUE
SALES@GOURMETBOUTIQUE.COM
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WWW.GOURMETBOUTIQUE.COM

SIDE DISHES

Brussel Sprouts with Bacon [GF] ❄️
Cranberry Orange Walnut Relish [GF] ❄️
Creamed Spinach [GF] ❄️
Fettuccine Alfredo ❄️
Glazed Baby Carrots [GF] ❄️
Herb Roasted Potatoes [GF]
Holiday Stuffing (seasonal) ❄️
Macaroni & Cheese
Maple Glazed Yams (seasonal) ❄️
Mashed Redskin Potatoes with Garlic
Penne ala Vodka ❄️
Penne Marinara ❄️
Potato Pancakes ❄️
Roasted Butternut Squash with Cranberries [GF] ❄️
Risotto Cakes Carbonara
Sautéed Spinach with Roasted Garlic [GF]

COMPONENTS

Diced Grilled Chicken [GF] ❄️
Diced Poached Chicken [GF] ❄️
Grilled Chicken Strips [GF] ❄️

PROTEIN SALADS

Curry Chicken Salad [GF]
Homestyle Chicken Salad [GF]
Homestyle Tuna Salad
Honey Fruit & Nut Chicken Salad [GF]

SPECIALTY SALADS

Baby Beet Salad [GF]
Health Salad [GF]
Sesame Noodle Salad
Tortellini Pesto Salad

ALL NATURAL

Breaded Chicken Cutlet ❄️
Diced Grilled Chicken [GF] ❄️
Grilled Chicken Strips [GF] ❄️
Grilled Portion Control Chicken [GF] ❄️
Mini Meatloaf with a Ketchup Glaze ❄️

ENTRÉES

3 Cheese Italian Style Chicken Meatballs ❄️
3 Cheese Italian Style Chicken Meatballs with Marinara Sauce ❄️
Breaded Chicken Cutlet ❄️
Brushetta Chicken Rustica [GF] ❄️
Buffalo Style Chicken Meatballs ❄️
Cheesy Lasagna with Meat Sauce ❄️
Chicken Breast Stuffed with: Prosciutto, Mozzarella & Roasted Red Peppers ❄️
Chicken Cordon Bleu ❄️
Chicken Florentine ❄️
Chicken Marsala ❄️
Chicken Piccata [GF] ❄️
Chicken Pot Pie ❄️
Crab Cakes ❄️
Eggplant Rollantini ❄️
Italian Style Meatballs with Marinara Sauce (2.2oz/ea) ❄️
Lasagna Rolls with Marinara Sauce
Mini Beef Burritos ❄️
Mini Chicken Burritos ❄️
Mini Meatloaf with a Ketchup Glaze ❄️
Mini Turkey Meatloaf ❄️
Spinach Lasagna Rolls (no sauce) ❄️
Stuffed Cabbage Traditional Style ❄️
Stuffed Cabbage Sweet & Sour ❄️
Stuffed Peppers
Vegetable Garden Cutlet [GF]

FROM THE GRILL

Grilled Cajun Chicken Breast [GF] ❄️
Grilled Chicken Breast [GF] ❄️
Grilled Chicken Breast with BBQ Sauce [GF] ❄️
Grilled Chicken Breast with Lemon Sauce [GF] ❄️
Grilled Chicken Breast with Rosemary Balsamic Sauce [GF]
Grilled Chicken Breast with Teriyaki Sauce ❄️
Grilled Turkey Patties ❄️
Grilled Turkey Patties Deluxe ❄️



Grilled Chicken Breast

Visit our website for product information:
www.gourmetboutique.com

TWISTERS

- Asian Inspired ❄️
- BBQ Chicken Melt ❄️
- Buffalo Bob Chicken
- Chicken Bacon Ranch
- Chipotle Chicken
- Chicken Caesar
- Chicken Parmesan ❄️
- Homestyle Chicken Salad
- Homestyle Tuna Salad
- Honey Fruit & Nut Chicken Salad
- Italian Stallion ❄️
- Mediterranean Chicken Spinach Feta ❄️
- Philly Cheesesteak ❄️
- Turkey Club
- Vegetable & Cheese ❄️



Eggplant Rollantini

SOUFFLÉS

- Carrot Soufflé ❄️
- Corn Soufflé ❄️
- Sweet Potato Soufflé (seasonal) ❄️

TRU GRILL

- TRU GRILL Diced Original [GF]
- TRU GRILL Diced Sweet & Savory [GF]
- TRU GRILL Diced Zesty Chili Lime [GF]

TRU GRILL



TRU GRILL Diced Chicken



Italian Style Meatballs in Marinara Sauce



Corn Soufflé



Grilled Chicken Breast with Teriyaki Sauce

KEY/NOTES

- ❄️ Available Frozen Only
- ❄️ Available Frozen Upon Request
- [GF] Gluten Free Product

Seasonal Items:

Available from September 1st to December 31st

OUR TOP SELLERS



**BREADED
CHICKEN
CUTLET**



**GRILLED
CHICKEN
STRIPS**



CRAB CAKES



**CHICKEN
POT PIE**



**GRILLED
CHICKEN
BREAST**



**CRANBERRY
WALNUT
ORANGE
RELISH**



**GRILLED
DICED
CHICKEN**



**PENNE
MARINARA**



**GRILLED
LEMON
CHICKEN**



**HONEY
FRUIT N' NUT
CHICKEN
SALAD**