



TRU GRILL DICED GRILLED CHICKEN BREASTS
 Chicken breast grilled over a real open flame, diced and packaged in 3 ounce easy open bags.

- Great on salads
- Use in wraps & sandwiches
- No artificial colors or flavors
- Serve hot or cold

HEATING INSTRUCTIONS

MICROWAVE OVEN: 30 seconds to 1 minute or until hot
 (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

INGREDIENTS:

Chicken (Boneless Chicken Breast, Water, Contains 2% or less of the following: Vinegar, Salt, Natural Flavors).

FROZEN - NEW YORK 8/3oz bags

UPC BAG #: 7-06129-02673-9

UPC CASE #: 7-06129-02672-2

PACK SIZE: 8/3oz bags

BOX L/W/H: 10.25"x4"x3.5"

CUBE: .08

TI/Hi: 43x12

GR WEIGHT: 1.75 lb

SHELF LIFE: min of 90 days/14 days after slack

NET WT: 1.5 lb



Nutrition Facts	
varies servings per container	
Serving size	3 oz (84g)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 260mg	11%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	2%
Potassium 360mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4



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