



## MINI MEATLOAF WITH KETCHUP GLAZE

Traditional Meatloaf garnished with a tomato glaze

- Serve with Gourmet Boutique's Herb Roasted Potatoes, Glazed Baby Carrots, Mac & Cheese, or Mashed Potatoes

- Display on large flat platter in the deli case
- Prepack in the Grab'N'Go section
- Create a comfort food section in deli case

### HEATING INSTRUCTIONS

MICROWAVE OVEN: 2 to 3 minutes or until hot  
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

OVEN: Preheat oven to 350°F and reheat for 15 to 20 minutes  
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

### INGREDIENTS

**Ground Beef, Ketchup** (Tomato Concentrate, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring), **Water, Bread Crumbs** (Bleached Wheat Flour, Dextrose, Yeast, Salt), **Textured Soy Protein** (Soy Protein Concentrate, Caramel Color), **Tomato Paste** (Tomatoes, Citric Acid), **Bell Pepper, Onion, Worcestershire Sauce** (Distilled White Vinegar, Molasses, High Fructose Corn Syrup, Salt, Caramel Color, Sugar, and Artificial Flavor), **Carrots, Celery, Parsley, Sodium Lactate, Salt, Caramel Color, Garlic Powder, Spice, Onion Powder.**

*Contains Soy, Wheat.*

### Nutrition Facts

Varies servings per container  
**Serving size 4.5 oz(128g)**

Amount per serving  
**Calories 280**

	% Daily Value*
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 5g	<b>26%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>16%</b>
<b>Sodium</b> 1040mg	<b>45%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 12g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 16g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 3mg	15%
Potassium 421mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

FROZEN - NEW YORK & ARIZONA

UPC #: **7-06129-00381-5**      TI/HI: **14x10**  
 PACK SIZE: **2 - 5/16 OZ**      GR WEIGHT: **10.70 LB**  
 BOX L/W/H: **13.07" x 10.45" x 7.02"**      SHELF LIFE: **Min. 90 days (16 from slack)**  
 CUBE: **0.56**      NET WT: **10 LB**



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