



DICED GRILLED CHICKEN BREASTS

All natural boneless chicken breasts grilled over a real open flame and packaged in easy-to-open 3 ounce bags.

- Great on salads
- Use in wraps & sandwiches
- No artificial colors or flavors
- Serve hot or cold

HEATING INSTRUCTIONS

MICROWAVE OVEN: 30 seconds to 1 minute or until hot
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

INGREDIENTS

Chicken (Boneless Chicken Breast, Water, Contains 2% or less of the following: Vinegar, Salt, Natural Flavors).

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container 1

Amount Per Serving	
Calories 110	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 260mg	11%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 22g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

FRESH - NEW YORK & ARIZONA

UPC #: **7-06129-02673-9**
PACK SIZE: **8/3 OZ BAGS**
BOX L/W/H: **10.31" x 4.19" x 3.88"**
CUBE: **0.10**

TI/HI: **43x12**
GR WEIGHT: **1.75 LB**
SHELF LIFE: **Min. 70 days**
NET WT: **1.5 LB**

