

**TRU GRILL**

 PER SERVING  
**110**  
 CALORIES  
**18g**  
 PROTEIN

**TRU GRILL**

 GLUTEN  
 FREE

 100% ALL NATURAL\*  
**GRILLED CHICKEN BREASTS**  
 DICED SWEET & SAVORY

GRILLED OVER A REAL OPEN FLAME | READY TO EAT HOT OR COLD

 FIRE  
 GRILLED

 NET WEIGHT 3 oz (84 g)  
 PERISHABLE | KEEP REFRIGERATED  
 (CONTAINS NATURAL FLAVORS)

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# SWEET & SAVORY DICED GRILLED CHICKEN BREASTS

Sweet and savory all natural chicken breasts, grilled over a real open flame, diced, and packaged in easy-to-open 3ounce bags.

- Great on salads
- Use in wraps & sandwiches
- No artificial colors or flavors
- Serve hot or cold

## HEATING INSTRUCTIONS

MICROWAVE OVEN: 30 seconds to 1 minute or until hot  
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

## INGREDIENTS

**Chicken** (Boneless Chicken Breast, Water, Contains 2% or less of the following: Vinegar, Salt, Natural Flavors), **Water**, **Sugar**, **Salt**, **Onion Powder**, **Garlic Powder**, **Spice**.

## Nutrition Facts

1 servings per container  
**Serving size 3 oz(84g)**

Amount per serving  
**Calories 110**

% Daily Value\*

<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 520mg	<b>23%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 3g	
Includes 3g Added Sugars	<b>6%</b>

**Protein** 18g

Vitamin D 0mcg	<b>0%</b>
Calcium 5mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 305mg	<b>6%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

FRESH - NEW YORK & ARIZONA

UPC #: **7-06129-02675-3**  
 PACK SIZE: **8/3 OZ BAGS**  
 BOX L/W/H: **10.31" x 4.19" x 3.88"**  
 CUBE: **0.10**

TI/HI: **43x12**  
 GR WEIGHT: **1.75 LB**  
 SHELF LIFE: **Min. 70 days**  
 NET WT: **1.5 LB**



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