



# GRILLED CHICKEN BREASTS

All natural boneless chicken breasts of chicken grilled over a real open flame.

- Serve for lunch or dinner
- Serve with soup, salad, or side dishes
- No artificial flavors or ingredients
- Display in the Grab'N'Go Section

## HEATING INSTRUCTIONS

**MICROWAVE OVEN:** Remove chicken from container, place on plate, cover, and set on high for 30 seconds to 1 minute or until hot.  
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

## INGREDIENTS

**Chicken** (Boneless Chicken Breast, Water, Contains 2% or less of the following: Vinegar, Salt, Natural Flavors).

## Nutrition Facts

Serving Size 3 oz (84g)  
Servings Per Container 2.5

Amount Per Serving

**Calories 110**      **Calories from Fat 20**

% Daily Value\*

**Total Fat 2.5g**      **4%**

Saturated Fat 1g      **4%**

Trans Fat 0g

**Cholesterol 60mg**      **20%**

**Sodium 260mg**      **11%**

**Total Carbohydrate 0g**      **0%**

Dietary Fiber 0g      **0%**

Sugars 0g

**Protein 22g**

Vitamin A 0%      • Vitamin C 0%

Calcium 0%      • Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

FRESH - NEW YORK & ARIZONA

UPC #: **7-06129-02667-8**

PACK SIZE: **9/7 OZ BAGS**

BOX L/W/H: **12" x 4.31" x 8.88"**

CUBE: **0.27**

TI/HI: **36x5**

GR WEIGHT: **1.85 LB**

SHELF LIFE: **Min. 70 days**

NET WT: **4.5 LB**



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