



# CHICKEN PARMESAN TWISTER (FROZEN)

Lightly breaded and fried chicken breast tossed in marinara sauce with mozzarella cheese and Italian spices wrapped in a soft flour tortilla.

- Great for lunch or dinner.
- Perfect with Gourmet Boutique's pasta salads
- Display prepackaged in sandwich section of the Grab'N'Go case.
- Display loose on platters in service deli case.

## HEATING INSTRUCTIONS

MICROWAVE OVEN: 1 to 1.5 minutes or until hot  
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

OVEN: Preheat oven to 350°F and reheat for 8 to 10 minutes  
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

## INGREDIENTS

**Tortilla** (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Canola Oil, Contains 2% Or Less Of: Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Calcium Sulfate, Corn Starch, Monocalcium Phosphate], Dough Conditioners [Mono & Diglycerides, Sodium Metabisulfate, Fumaric Acid], Salt, Soybean Oil, Hydrogenated Soybean Oil, Enzymes, Guar Gum, Cellulose Gum, Acacia Gum, Dextrose, Preservatives [Calcium Propionate, Potassium Sorbate]), **Breaded Chicken** (Chicken [Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors], Bread Crumbs [Bleached Wheat Flour, Yeast, Sugar, Salt], Water, Batter [Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum, Vital Wheat Gluten] Soybean Oil, Enriched Wheat Flour [Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), **Mozzarella Cheese** (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), **Tomato Sauce** (Diced Tomatoes in Tomato Juice, Water, Tomato Paste, Soybean Oil, Contains 2% or Less of: Spices, Sugar, Salt, Extra Virgin Olive Oil, Apple Cider Vinegar, Dehydrated Garlic, Corn Starch, Xanthan Gum, Citric Acid), **Tortilla** (Unbleached, Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid], Water, Palm Oil, Salt, Mono And Diglycerides, Sodium Bicarbonate, Preservatives [Calcium Propionate, Potassium Sorbate], Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Corn Starch, Fumaric Acid, Calcium Sulfate, 2% Or Less Of Each Of The Following: Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabisulfite), **Tomato Puree** (Tomatoes, Salt, Citric Acid), **Salt**.

Contains Milk, Wheat.

FROZEN - NEW YORK

UPC #: **7-06129-03340-9**  
PACK SIZE: **2/5 PC**  
BOX L/W/H: **13.07" x 10.45" x 7.02"**  
CUBE: **0.56**

TI/HI: **14x10**  
GR WEIGHT: **6.96 LB**  
SHELF LIFE: **10 DAYS**  
NET WT: **6.26 LB**



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## Nutrition Facts

2 servings per container  
Serving size **1/2 wrap(156g)**

Amount per serving  
**Calories 360**

% Daily Value\*

**Total Fat** 13g **17%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

**Cholesterol** 45mg **15%**

**Sodium** 920mg **40%**

**Total Carbohydrate** 40g **15%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

**Protein** 20g

Vitamin D 0mcg **0%**

Calcium 288mg **20%**

Iron 2mg **10%**

Potassium 291mg **6%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4