



## PENNE ALFREDO WITH GRILLED CHICKEN MEAL

Grilled chicken strips over a creamy penne with Alfredo sauce

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:** Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

### INGREDIENTS

**Alfredo Sauce** (Skim Milk, Romano and Parmesan Cheeses [Part Skim Milk, Cultures, Enzymes, Salt], Soybean Oil, Water, Butter [Cream, Salt], Corn Starch, Contains 2% or less of the following: Salt, Egg Yolk, Whey Protein Concentrate, Garlic Powder, Yeast Extract, Spices), **Penne** (Semolina Wheat, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid, Water), **Chicken** (Boneless Chicken Breast, Water, Contains 2% Or Less Of the Following: Vinegar, Salt, Natural Flavors), **Parmesan Cheese** (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose [To Prevent Caking]).

Contains Egg, Milk, Wheat.

### Nutrition Facts

2.8 servings per container  
Serving Size **5oz (140g)**

Amount per serving  
**Calories 200**

% Daily Value\*

<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 600mg	<b>28%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 129mg	<b>10%</b>
Iron 1mg	<b>6%</b>
Potassium 233mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

FROZEN - NEW YORK

UPC CASE #: 7-06129-02723-1

UPC UNIT #: 7-06129-02729-3

PACK SIZE: 6/14.03 OZ

BOX L/W/H: 13.07 x 10.45" x 7.02"

CUBE: 0.56

TI/HI: 14x10

GR WEIGHT: 5.96 LB

SHELF LIFE: 90 day min. (14 from slack)

NET WT: 5.26 LB

Case UPC



Unit UPC

