



CHICKEN PARMESAN & PENNE MEAL KIT

Breaded chicken cutlets with a traditional Marinara sauce and mozzarella cheese served over penne pasta

HEATING INSTRUCTIONS

MICROWAVE OVEN:

Remove the lid and cover the tray.
Place tray in microwave and heat on high
for 3 to 4 minutes or until hot.

INCLUDED IN THE KIT:

Breaded Chicken Cutlets (10 pc)	1 Tray	3.125 lbs.
Penne Marinara	1 Tray	5.00 lbs.
Marinara Sauce	1 Bag	2.00 lbs.
Mozzarella Cheese	1 Bag	0.50 lbs.

TOTAL: 10.625 lbs.

MAKES 5 FINISHED TRAYS:

Breaded Chicken Cutlets Per Tray:	0.625 lbs. (2 pcs)
Penne Marinara Per Tray:	1.00 lbs.
Marinara Sauce Per Tray:	0.40 lbs.
Mozzarella Cheese Per Tray:	0.10 lbs.

TOTAL: 2.13 lbs.

INGREDIENTS

Marinara Sauce (Diced Tomatoes in Tomato Juice, Water, Tomato Paste, Soybean Oil. Contains 2% or Less of: Spices, Sugar, Salt, Extra Virgin Olive Oil, Apple Cider Vinegar, Granulated Garlic, Corn Starch, Xanthan Gum, and Citric Acid), **Chicken** (Chicken Breast, Water, Vinegar, Salt, Natural Flavors), **Water, Pasta** (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), **Mozzarella Cheese** (Whole Milk Low Moisture Mozzarella Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Potato Starch, Canola Oil And Cellulose Powder Added To Prevent Caking, Natamycin [A Natural Mold Inhibitor]), **Bread Crumbs** (Bleached Wheat Flour, Dextrose, Yeast, Salt), **Batter Mix** (Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum [Sodium Carboxymethylcellulose], Wheat Gluten), **Cultured Skim Milk** (Maltodextrin), **Soybean Oil, Enriched Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid).

Contains Milk, Wheat.

FRESH - NEW YORK

UPC #: **7-06129-03438-3**

PACK SIZE: **1/10.625 LB**

BOX L/W/H: **13.07 x 10.45" x 7.02"**

CUBE: **0.56**

TI/HI: **14x10**

GR WEIGHT: **11.325 LB**

SHELF LIFE: **16 DAYS/14 RECEIVED**

NET WT: **10.625 LB**



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FROZEN - NEW YORK & ARIZONA

UPC #: **7-06129-03444-4**

PACK SIZE: **1/10.625 LB**

BOX L/W/H: **13.07 x 10.45" x 7.02"**

CUBE: **0.56**

TI/HI: **14x10**

GR WEIGHT: **11.325 LB**

SHELF LIFE: **Min. 90 days (14 from slack)**

NET WT: **10.625 LB**



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Nutrition Facts

varies servings per container
Serving size 4oz(114g)

Amount per serving
Calories 170

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 370mg	16%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 56mg	4%
Iron 1mg	6%
Potassium 165mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.