



RETAIL PACKAGE

## CHICKEN PARMESAN WITH LINGUINI MARINARA MEAL (NY)

Breaded chicken cutlet smothered with marinara sauce and topped with Mozzarella cheese all over a bed of linguini marinara

- Use on salads, on sandwiches, or in wraps
- Great as a quick high-protein snack
- Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

### HEATING INSTRUCTIONS

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

### INGREDIENTS:

**Marinara Sauce** (Diced Tomatoes in Tomato Juice, Water, Tomato Paste, Soybean Oil. Contains 2% or Less of: Spices, Sugar, Salt, Extra Virgin Olive Oil, Apple Cider Vinegar, Granulated Garlic, Corn Starch, Xanthan Gum, and Citric Acid), **Breaded Chicken Cutlet** (Chicken [Boneless Chicken Breast, Water, Contains 2% Or Less Of the Following: Vinegar, Salt, Natural Flavors], Bread Crumbs [Bleached Wheat Flour, Dextrose, Yeast, Salt], Water, Batter [Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum {Sodium Carboxymethylcellulose}, Wheat Gluten] Soybean Oil, Enriched Wheat Flour [Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid]), **Linguine Pasta** (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), **Mozzarella Cheese** (Whole Milk Low-Moisture Mozzarella Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Potato Starch, Canola Oil And Cellulose Powder Added To Prevent Caking, Natamycin [A Natural Mold Inhibitor]).

Contains Milk, Wheat.

### Nutrition Facts

About 3 servings per container

Serving size

5oz(140g)

	Per Serving		Whole Package	
	210		670	
	% Daily Value*		% Daily Value*	
<b>Calories</b>				
<b>Total Fat</b>	10g	13%	31g	40%
Saturated Fat	3.5g	18%	12g	60%
Trans Fat	0g		0g	
<b>Cholesterol</b>	40mg	13%	130mg	43%
<b>Sodium</b>	480mg	21%	1570mg	68%
<b>Total Carbohydrate</b>	15g	5%	48g	17%
Dietary Fiber	1g	4%	4g	14%
Total Sugars	3g		8g	
Includes Added Sugars	1g	2%	2g	4%
<b>Protein</b>	14g		47g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	101mg	8%	327mg	25%
Iron	1mg	6%	3mg	15%
Potassium	94mg	2%	305mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



FROZEN - NEW YORK

UPC CASE #: 7-06129-02722-4

CUBE: 0.56

UPC UNIT #: 7-06129-02728-6

TI/HI: 14x10

PACK SIZE: 6/16.00 oz.

NET WT: 6.00 LB

BOX L/W/H: 13.07 x 10.45" x 7.02"

GR WEIGHT: 6.70 LB

SHELF LIFE: Min. 90 day (14 from slack)

CASE UPC

UNIT UPC



7 06129 02722 4



7 06129 02728 6