





TERIYAKI CHICKEN WITH SESAME NOODLES MEAL (NY)

Grilled chicken with Teriyaki sauce, pineapples, and peppers over a bed of sesame noodles

- Use on salads, on sandwiches, or in wraps
 - Great as a quick high-protein snack

- · Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

HEATING INSTRUCTIONS

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

INGREDIENTS:

Linguine (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), **Grilled Chicken Strips** (Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors), **Teriyaki Sauce** (Water, Sugar, Soy Sauce [Water, Wheat, Soybeans, Salt], Corn Starch, Contains 2% Or Less Of: Caramel Color, Ginger Puree, Salt, Citric Acid, Garlic, Olive Oil, Soybean Oil, Xanthan Gum), **Red Peppers** (Peppers, Water, Salt And Citric Acid), **Soy Sauce** (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: [Less Than 1/10 of 1% As A Preservative]), **Hoisin Sauce** (Sugar, Water, Soybeans, Salt, Sweet Potato, Modified Corn Starch, Sesame Seeds, Garlic, Wheat Flour, Chili Peppers, Spices, Caramel Color, Acetic Acid, FD&C Red No. 40), **Contains Soybeans, Wheat, Sesame Oil, Pineapple** (Pineapple, Pineapple Juice), **Soybean Oil, Sesame Seeds.**

Contains Soy, Wheat, Sesame.

Nutrition Facts

About 2.5 servings per container **Serving size**

5oz(140g)
Whole Package

Calories		180		500
	% Daily Value*		% Daily Value*	
Total Fat	5g	6%	13g	17%
Saturated Fat	1g	5%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	25mg	8%	70mg	23%
Sodium	720mg	31%	1960mg	85%
Total Carbohydrate	22g	8%	60g	22%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	5g		13g	
Includes Added Sugars	2g	4%	5g	10%
Protein	13g		36g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	49mg	4%
Iron	1mg	6%	3mg	15%
Potassium	183mg	4%	501mg	10%

E GINERA

FROZEN - NEW YORK

UPC CASE #: 7-06129-02724-8
UPC UNIT #: 7-06129-02730-9
PACK SIZE: 6/13.50 OZ

BOX L/W/H: 13.07 x 10.45" x 7.02"

Cube: **0.56**TI/HI: **14x10**NET WT: **5.06 LB**GR WEIGHT: **5.76 LB**

SHELF LIFE: Min. 90 day (14 from slack)

CASE UPC



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