





## LINGUINI WITH ITALIAN-STYLE MEATBALLS MEAL (NY)

Italian-Style meatballs on a bed of linguini marinara

- Use on salads, on sandwiches, or in wraps
  - Great as a quick high-protein snack

- Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

## **HEATING INSTRUCTIONS**

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

## **INGREDIENTS:**

Marinara Sauce (Diced Tomatoes in Tomato Juice, Water, Tomato Paste, Soybean Oil, Contains 2% or Less of: Spices, Sugar, Salt, Extra Virgin Olive Oil, Apple Cider Vinegar, Granulated Garlic, Corn Starch, Xanthan Gum, Citric Acid), Meatballs (Ground Beef, Ground Pork, Ground Chicken [Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors], Milk [Milk And Vitamin D3], Bread Crumbs [Bleached Wheat Flour, Dextrose, Yeast, Salt], Eggs [Whole Eggs, May Contain Citric Acid], Contains 2% Or Less Than The Following: Romano Cheese [Made From Cow's Milk], Enzymes, Salt, Starch And Cellulose], Salt, Caramel Color, Garlic Powder, Spices, Soybean Oil), Water, Linguine Pasta (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, and Folic Acid).

Contains Egg, Milk, Wheat.

## **Nutrition Facts**

About 3 servings per container **Serving size** 

5oz(140g)

Calories		Per Serving		ole Package 530
	% Daily Value*		% Daily Value*	
Total Fat	8g	10%	26g	33%
Saturated Fat	2.5g	13%	8g	40%
Trans Fat	0g		0g	
Cholesterol	35mg	12%	115mg	38%
Sodium	470mg	20%	1530mg	67%
Total Carbohydrate	14g	5%	47g	17%
Dietary Fiber	1g	4%	4g	14%
Total Sugars	3g		10g	
Includes Added Sugars	1g	2%	2g	4%
Protein	9g		28g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	58mg	4%	187mg	15%
Iron	1mg	6%	3mg	15%
Potassium	120mg	2%	389mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein



FROZEN - NEW YORK

UPC CASE #: 7-06129-02725-5 UPC UNIT #: 7-06129-02731-6

PACK SIZE: 6/16.00 oz. BOX L/W/H: 13.07 x 10.45" x 7.02" CUBE: **0.56**TI/HI: **14x10**NET WT: **6.00 LB**GR WEIGHT: **6.70 LB** 

SHELF LIFE: Min. 90 day (14 from slack)

