



CRAB CAKES

Surimi crab meat blended with celery and mayonnaise
then lightly fried to a golden brown

- Great for lunch or dinner
- Display prepackaged in the Grab'N'Go case
- Perfect with Mac & Cheese from Gourmet Boutique®
- Perfect with
- Display in the self-service section and garnish with lemon
- Serve with a soup or a mixed green salad
- Create a sandwich or wrap

HEATING INSTRUCTIONS

MICROWAVE OVEN: 2 to 3 minutes or until hot
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

OVEN: Preheat oven to 350°F and reheat for 15 to 20 minutes
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

INGREDIENTS:

Imitation Crab Meat (Fish Protein [Alaska Pollock and/or Whiting], Water, Wheat Starch, Egg Whites [Water, Egg White Powder], Sugar, Wheat Flour, Sorbitol, Contains 2% Or Less Of The Following; Soybean Oil, Salt, Mirin [Corn Syrup, Fermented Rice Extract, Water, Salt] Natural And Artificial Flavors[Hydrolyzed Soy Protein, Crab Extract] Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Carmine, Paprika Oleoresin [Color Added]), **Bread Crumbs** (Bleached Wheat Flour, Dextrose, Yeast, Salt), **Celery, Mayonnaise** (Soybean Oil, Distilled Vinegar, Egg Yolks, High Fructose Corn Syrup, Water, Corn Syrup, Contains Less Than 2% OF Salt, Mustard Seed, Mustard Bran, Calcium Disodium EDTA To Protect Flavor), **Bell Pepper, Contains less than 2% of Batter Mix** (Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum [Sodium Carboxymethylcellulose], Wheat Gluten), **Enriched Flour** (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), **Garlic Powder, Modified Corn Starch, Parsley, Pepper, Salt, Soybean Oil, Sugar, Water.**

Contains Fish (Pollock, Whiting), Shellfish (Crab), Wheat, Egg, Soy

FRESH - NEW YORK

Case UPC #: **7-06129-00654-0** Cube: **0.29**
Unit UPC #: **N/A** Ti/Hi: **14x20**
Pack Size: **1/16 pcs.** Net WT: **5.00 lbs.**
Case L/W/H: **13.07" x 10.45" x 3.64"** GR Weight: **5.50 lbs.**
Unit L/W/H: **N/A** Shelf Life: **18 days**

FRESH - NEW YORK & ARIZONA

Case UPC #: **7-06129-00601-4** Cube: **0.56**
Unit UPC #: **N/A** Ti/Hi: **14x10**
Pack Size: **2/16 pcs.** Net WT: **10.00 lbs.**
Case L/W/H: **13.07" x 10.45" x 7.02"** GR Weight: **10.70 lbs.**
Unit L/W/H: **N/A** Shelf Life: **18 days**

FROZEN - NEW YORK & ARIZONA

Case UPC #: **7-06129-00620-5** Cube: **0.56**
Unit UPC #: **N/A** Ti/Hi: **14x10**
Pack Size: **2/16 pcs.** Net WT: **10.00 lbs.**
Case L/W/H: **13.07" x 10.45" x 7.02"** GR Weight: **10.70 lbs.**
Unit L/W/H: **N/A** Shelf Life: **Min. 90 days (18 from slack)**

CASE UPC

UNIT UPC



CASE UPC

UNIT UPC



CASE UPC

UNIT UPC



Nutrition Facts

16 servings per container	
Serving size	5 oz(142g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 840mg	37%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	5%
Total Sugars 6g	
Includes 1g Added Sugars	1%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 1mg	4%
Potassium 130mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

