



## CHICKEN ALFREDO MEAL KIT

Grilled chicken breast strips served over al dente penne pasta tossed in a traditional Alfredo sauce and topped with Parmesan cheese

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:**  
Remove the lid and cover the tray.  
Place tray in microwave and heat on high  
for 2.5 to 3 minutes or until hot.

### INGREDIENTS:

**Alfredo Sauce** (Skim Milk, Romano and Parmesan Cheeses [Part-Skim Milk, Cultures, Enzymes, Salt], Soybean Oil, Water, Butter [Cream, Salt], Corn Starch. Contains 2% Or Less Of: Salt, Egg Yolk, Whey Protein Concentrate, Garlic Powder, Yeast Extract, Spices), **Chicken** (Chicken Breast, Water, Vinegar, Salt, Natural Flavors), **Water, Pasta** (Semolina [Wheat], Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, Folic Acid), **Parmesan Cheese** (Pasteurized Milk, Cheese Cultures, Salt And Enzymes), **Powdered Cellulose** (To Prevent Caking).

Contains Egg, Milk, Wheat.

### Nutrition Facts

| varies servings per container |           |
|-------------------------------|-----------|
| Serving size                  | 4oz(114g) |
| Amount per serving            |           |
| Calories                      | 170       |
| % Daily Value*                |           |
| Total Fat 7g                  | 9%        |
| Saturated Fat 3g              | 15%       |
| Trans Fat 0g                  |           |
| Cholesterol 40mg              | 13%       |
| Sodium 430mg                  | 19%       |
| Total Carbohydrate 12g        | 4%        |
| Dietary Fiber 0g              | 0%        |
| Total Sugars 2g               |           |
| Includes 0g Added Sugars      | 0%        |
| <b>Protein 15g</b>            |           |
| Vitamin D 0mcg                | 0%        |
| Calcium 117mg                 | 10%       |
| Iron 1mg                      | 6%        |
| Potassium 225mg               | 4%        |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### FRESH - NEW YORK

|  |                              |
|--|------------------------------|
| Case UPC #: <b>7-06129-03435-2</b>         | Cube: <b>0.56</b>            |
| Unit UPC #: <b>N/A</b>                     | Ti/Hi: <b>14x10</b>          |
| Pack Size: <b>1/7.875 lbs. Kit</b>         | Net WT: <b>7.875 lbs.</b>    |
| Case L/W/H: <b>13.07" x 10.45" x 7.02"</b> | GR Weight: <b>8.575 lbs.</b> |
| Unit L/W/H: <b>N/A</b>                     | Shelf Life: <b>16 days</b>   |

#### CASE UPC

#### UNIT UPC



#### FROZEN - NEW YORK

|  |   |
|--|---|
| Case UPC #: <b>7-06129-03446-8</b>         | Cube: <b>0.56</b>                               |
| Unit UPC #: <b>N/A</b>                     | Ti/Hi: <b>14x10</b>                             |
| Pack Size: <b>1/7.875 lbs. Kit</b>         | Net WT: <b>7.875 lbs.</b>                       |
| Case L/W/H: <b>13.07" x 10.45" x 7.02"</b> | GR Weight: <b>8.575 lbs.</b>                    |
| Unit L/W/H: <b>N/A</b>                     | Shelf Life: <b>Min. 90 days (14 from slack)</b> |

#### CASE UPC

#### UNIT UPC



#### INCLUDED IN THE KIT:

|                          |        |           |
|--------------------------|--------|-----------|
| Penne with Alfredo Sauce | 1 Tray | 5.00 lbs. |
| Grilled Chicken Strips   | 1 Tray | 2.50 lbs. |
| Parmesan Cheese          | 1 Bag  | 0.375 lb. |

**Case Weight Total: 7.875 lbs.**

#### MAKES 5 FINISHED TRAYS:

|                                    |          |
|------------------------------------|----------|
| Penne with Alfredo Sauce Per Tray: | 1.00 lb. |
| Grilled Chicken Strips Per Tray:   | 0.50 lb. |
| Parmesan Cheese Per Tray:          | 0.07 lb. |

**Approximate Tray Total: 1.57 lbs.**