



GRILLED LEMON CHICKEN BREASTS

All-Natural boneless skinless chicken breasts grilled over a real open flame and finished with a lemon pepper sauce

- Use on salads, on sandwiches, or in wraps
- Great as a quick high-protein snack
- Serve as a main dish or as a component
- Gluten free, keto friendly, and no artificial flavors or colors

HEATING INSTRUCTIONS

MICROWAVE OVEN: Remove chicken from container, place on plate, cover, and set on high for 30 second to 1 minute or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

Can be served chilled

INGREDIENTS:

Chicken (Boneless Chicken Breast, Water, Contains 2% or less of the following: Soy Protein Concentrate, Salt, Potato Starch, Vinegar), **Lemon Sauce** (Water, Sugar, Lemon Juice Concentrate, Contains 2% Or Less Of: Lime Juice Concentrate, Pineapple Juice Concentrate, Onion Powder, Spices, Salt, Soybean Oil, Chicken Base [Chicken, Salt, Whey, Sugar, Flavoring, Xanthan Gum, Turmeric, and Extractives of Black Pepper], Natural Flavor, Xanthan Gum, Citric Acid), Modified Corn Starch, Spices, Xanthan Gum).

Contains Milk, Soy.

Nutrition Facts

About 2.5 servings per container

Serving size

5oz(140g)

	Per Serving		Whole Package	
	140		340	
	% Daily Value*		% Daily Value*	
Calories				
Total Fat	3g	4%	7g	9%
Saturated Fat	0.5g	3%	1.5g	8%
Trans Fat	0g		0g	
Cholesterol	70mg	23%	175mg	58%
Sodium	580mg	25%	1410mg	61%
Total Carbohydrate	4g	1%	10g	4%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	3g		7g	
Includes Added Sugars	2g	4%	6g	12%
Protein	23g		55g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	24mg	2%
Iron	0mg	0%	1mg	6%
Potassium	391mg	8%	951mg	20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

FROZEN - NEW YORK

Case UPC #: 7-06129-02726-2

Cube: 0.56

Unit UPC #: 7-06129-02732-3

Ti/Hi: 14x10

Pack Size: 6/12 oz.

Net WT: 4.50 lbs.

Case L/W/H: 13.07" x 10.45" x 7.02"

GR Weight: 5.20 lbs.

Unit L/W/H: 8.875" x 6.625" x 2"

Shelf Life: Min. 90 days (14 from slack)

CASE UPC

UNIT UPC

