



## GRILLED LEMON CHICKEN BREASTS

All-Natural boneless skinless chicken breasts grilled over a real open flame and finished with a lemon pepper sauce

- Use on salads, on sandwiches, or in wraps
- Great as a quick high-protein snack
- Serve as a main dish or as a component
- Gluten free, keto friendly, and no artificial flavors or colors

### HEATING INSTRUCTIONS

**MICROWAVE OVEN:** Remove chicken from container, place on plate, cover, and set on high for 30 second to 1 minute or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

Can be served chilled

### INGREDIENTS:

**Chicken** (Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors),  
**Lemon Sauce** (Water, Sugar, Lemon Juice Concentrate, Contains 2% or less of: Salt, Soybean Oil, Pineapple Juice Concentrate, Onion Powder, Lime Juice Concentrate, Xanthan Gum, Natural Lemon Flavor (Sugar, Corn Maltodextrin, Natural Flavor, Modified Corn Starch), **Citric Acid, Pepper, Spices.**

### Nutrition Facts

About 2.5 servings per container

Serving size

5oz(140g)

	Per Serving		Whole Package	
	140		340	
	% Daily Value*		% Daily Value*	
<b>Calories</b>				
<b>Total Fat</b>	3g	4%	7g	9%
Saturated Fat	0.5g	3%	1.5g	8%
Trans Fat	0g		0g	
<b>Cholesterol</b>	70mg	23%	175mg	58%
<b>Sodium</b>	580mg	25%	1410mg	61%
<b>Total Carbohydrate</b>	4g	1%	10g	4%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	3g		7g	
Includes Added Sugars	2g	4%	6g	12%
<b>Protein</b>	23g		55g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	24mg	2%
Iron	0mg	0%	1mg	6%
Potassium	391mg	8%	951mg	20%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

FROZEN - NEW YORK

Case UPC #: **7-06129-02726-2**

Cube: **0.56**

Unit UPC #: **7-06129-02732-3**

Ti/Hi: **14x10**

Pack Size: **6/12 oz.**

Net WT: **4.50 lbs.**

Case L/W/H: **13.07" x 10.45" x 7.02"**

GR Weight: **5.20 lbs.**

Unit L/W/H: **8.875" x 6.625" x 2"**

Shelf Life: **Min. 90 days (14 from slack)**

CASE UPC

UNIT UPC

