



CRAB CAKES

Surimi crab meat blended with celery and mayonnaise
then lightly fried to a golden brown

- Great for lunch or dinner
- Perfect with Mac & Cheese from Gourmet Boutique®
- Perfect with
- Serve with a soup or a mixed green salad
- Display prepackaged in the Grab'N'Go case
- Display in the self-service section and garnish with lemon
- Create a sandwich or wrap

HEATING INSTRUCTIONS

MICROWAVE OVEN: 2 to 3 minutes or until hot
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

OVEN: Preheat oven to 350°F and reheat for 15 to 20 minutes
(or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

INGREDIENTS:

Imitation Crab Meat (Fish Protein [Pollock and/or Whiting], Water, Wheat Starch, Egg Whites [Water, Egg White Powder], Sugar, Wheat Flour, Contains 2% Or Less Of The Following; Salt, Soybean Oil, Sorbital, Natural And Artificial Flavors [Hydrolyzed Soy Protein, Crab Extract] Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Carmine, Natural And Artificial Colors), Bread Crumbs (Bleached Wheat Flour, Dextrose, Yeast, Salt), Celery, Mayonnaise (Soybean Oil, Distilled Vinegar, Egg Yolks, High Fructose Corn Syrup, Water, Corn Syrup, Contains Less Than 2% OF Salt, Mustard Seed, Mustard Bran, Calcium Disodium EDTA To Protect Flavor), Bell Pepper, Contains less than 2% of: Enriched Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Salt, Sugar, Garlic Powder, Modified Corn Starch, Batter Mix (Bleached Wheat Flour, Modified Corn Starch, Salt, Cellulose Gum (Sodium Carboxymethylcellulose), Wheat Gluten), Pepper, Parsley, Soybean Oil.

Contains Fish (Pollock, Whiting), Shellfish (Crab), Wheat, Egg, Soy

FRESH - NEW YORK

Case UPC #: **7-06129-00665-6** Cube: **0.29**
Unit UPC #: **N/A** Ti/Hi: **14x20**
Pack Size: **1/16 pcs.** Net WT: **4.00 lbs.**
Case L/W/H: **13.07" x 10.45" x 3.64"** GR Weight: **4.50 lbs.**
Unit L/W/H: **N/A** Shelf Life: **18 days**

CASE UPC

UNIT UPC



FRESH - NEW YORK & ARIZONA

Case UPC #: **7-06129-00666-3** Cube: **0.56**
Unit UPC #: **N/A** Ti/Hi: **14x10**
Pack Size: **2/16 pcs.** Net WT: **8.00 lbs.**
Case L/W/H: **13.07" x 10.45" x 7.02"** GR Weight: **8.70 lbs.**
Unit L/W/H: **N/A** Shelf Life: **18 days**

CASE UPC

UNIT UPC



FROZEN - NEW YORK & ARIZONA

Case UPC #: **7-06129-00667-0** Cube: **0.56**
Unit UPC #: **N/A** Ti/Hi: **14x10**
Pack Size: **2/16 pcs.** Net WT: **8.00 lbs.**
Case L/W/H: **13.07" x 10.45" x 7.02"** GR Weight: **8.70 lbs.**
Unit L/W/H: **N/A** Shelf Life: **Min. 90 days (18 from slack)**

CASE UPC

UNIT UPC



Nutrition Facts

Servings per container vary	
Serving size	4oz (114g)
Amount per serving	
Calories	270
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 680mg	29%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 1g Added Sugars	1%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 1mg	4%
Potassium 102mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

