





## TERIYAKI CHICKEN WITH SESAME NOODLES MEAL (AZ)

Grilled chicken with Teriyaki sauce, pineapples, and peppers over a bed of sesame noodles

- Use on salads, on sandwiches, or in wraps
  - Great as a quick high-protein snack

- Serve hot or cold
- Gluten free, keto friendly, and no artificial flavors or colors

## **HEATING INSTRUCTIONS**

MICROWAVE OVEN: Pierce the plastic and heat on high for 2 to 3 minutes or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

## **INGREDIENTS:**

Linguine (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Grilled Chicken Strips (Boneless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors), Teriyaki Sauce (Water, Sugar, Soy Sauce [Water, Wheat, Soybeans, Salt], Corn Starch, Contains 2% Or Less Of: Caramel Color, Ginger Puree, Salt, Citric Acid, Garlic, Olive Oil, Soybean Oil, Xanthan Gum), Red Peppers (Peppers, Water, Salt And Citric Acid), Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: [Less Than 1/10 of 1% As A Preservative]), Hoisin Sauce (Sugar, Water, Soybeans, Salt, Sweet Potato, Modified Corn Starch, Sesame Seeds, Garlic, Wheat Flour, Chili Peppers, Spices, Caramel Color, Acetic Acid, FD&C Red No. 40), Contains Soybeans, Wheat, Sesame Oil, Pineapple (Pineapple, Pineapple Juice), Soybean Oil, Sesame Seeds.

Contains Soy, Wheat, Sesame.

## **Nutrition Facts**

About 2.5 servings per container Serving size

5oz(140g)

Calories	180 % Daily Value*		500 % Daily Value*	
Saturated Fat	1g	5%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	25mg	8%	70mg	23%
Sodium	720mg	31%	1960mg	85%
Total Carbohydrate	22g	8%	60g	22%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	5g		13g	
Includes Added Sugars	2g	4%	5g	10%
Protein	13g		36g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	49mg	4%
Iron	1mg	6%	3mg	15%
Potassium	183mg	4%	501mg	10%

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FROZEN - NEW YORK

UPC CASE #: 7-06129-02724-8
UPC UNIT #: 7-06129-02730-9
PACK SIZE: 6/13.50 OZ

BOX L/W/H: 13.07 x 10.45" x 7.02"

Cube: **0.56**TI/HI: **14x10**NET WT: **5.06 LB**GR WEIGHT: **5.76 LB** 

SHELF LIFE: Min. 140 day (14 from slack)

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