



GRILLED LEMON CHICKEN BREASTS

All-Natural boneless skinless chicken breasts grilled over a real open flame and finished with a lemon pepper sauce

- Use on salads, on sandwiches, or in wraps
- Great as a quick high-protein snack
- Serve as a main dish or as a component
- Gluten free, keto friendly, and no artificial flavors or colors

HEATING INSTRUCTIONS

MICROWAVE OVEN: Remove chicken from container, place on plate, cover, and set on high for 30 second to 1 minute or until hot (or until internal temperature is 165°F as indicated by a calibrated cooking thermometer)

Can be served chilled

INGREDIENTS:

Grilled Chicken Breast (Boneless Skinless Chicken Breast, Water, Contains 2% Or Less Of The Following: Vinegar, Salt, Natural Flavors), Lemon Sauce (Water, Sugar, Lemon Juice Concentrate, Contains 2% or less of: Salt, Soybean Oil, Onion Powder, Lime Juice Concentrate, Xanthan Gum, Natural Lemon Flavor (Sugar, Corn Maltodextrin, Natural Flavor, Modified Corn Starch), Citric Acid, Spices.

Nutrition Facts

about 2.5 servings per container
Serving size

5oz (140g)

	Per Serving		Per Container	
Calories	140		340	
	% Daily Value*		% Daily Value*	
Total Fat	3g	4%	8g	10%
Saturated Fat	1g	5%	3g	15%
Trans Fat	0g		0g	
Cholesterol	65mg	22%	160mg	53%
Sodium	600mg	26%	1470mg	64%
Total Carbohydrate	4g	1%	9g	3%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	3g		7g	
Includes Added Sugars	3g	6%	7g	14%
Protein	30g		72g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	20mg	2%
Iron	0.9mg	6%	2.3mg	15%
Potassium	410mg	8%	1000mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

FROZEN - NEW YORK

Case UPC #: **7-06129-02726-2**

Cube: **0.56**

Unit UPC #: **7-06129-02732-3**

Ti/Hi: **14x10**

Pack Size: **6/12 oz.**

Net WT: **4.50 lbs.**

Case L/W/H: **13.07" x 10.45" x 7.02"**

GR Weight: **5.20 lbs.**

Unit L/W/H: **8.875" x 6.625" x 2"**

Shelf Life: **Min. 140 days (14 from slack)**

CASE UPC

UNIT UPC



7 06129 02726 2



7 06129 02732 3